

JUBILEE WANDERERS ACTIVITIES PROGRAM AUGUST 2016
 WE PICK YOU UP, TAKE YOU OUT AND DROP YOU HOME!

Please bring the correct monetary amount on the day, thank you.

Spaces are limited, so please book today by calling Vicki on 07 3871 3220.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Hydrotherapy \$5*	2 JCC Exercise \$5*	3 Australian Hearing Forum. \$20 includes m/t. Buy own lunch at Toowong Bowls Club.***	4 Carina Leagues "Morning Melodies" \$10. Buy own lunch today.	5 JCC Exercise \$5* Stay Standing - falls prevention program**
8 Hydrotherapy \$5*	9 JCC Exercise \$5* JCC Shopping - let's go shopping at Brookside with Minky! \$5 bus fee	10 Ekka Show Day HOLIDAY	11 Ekka Fun Day with Claire's Circus Performance. M/t and lunch included. \$40***	12 JCC Exercise \$5* Stay Standing - falls prevention program**
15 Hydrotherapy \$5*	16 JCC Exercise \$5*	17 Telstra Tablets Training at Toowong Bowls Club \$15 includes m/t. Buy own lunch today.***	18 Make your own small Terrarium at Soul Café in Newmarket. \$60 includes terrarium and m/t. Buy own lunch today.***	19 JCC Exercise \$5* Stay Standing - falls prevention program**
22 Hydrotherapy \$5*	23 JCC Exercise \$5*	24 Miegunyah House. Tour and m/t \$26. Buy own lunch today at the Hamilton Hotel.***	25 Southern Cross Sports Club and a drive up to Mt Gravatt look out \$10. Buy own lunch today.	22 JCC Exercise \$5* Stay Standing - falls prevention program**
29 Hydrotherapy \$5*	30 JCC Exercise \$5*	31 Newstead House. M/t and tour \$30. Buy own lunch today at the Hamilton Hotel.***		

* Speak to Vicki about prices. **Speak to Sandy about Stay Standing. ***Cancellation fee applies if cancellation occurs on the day of the activity. m/t = morning tea inc = including

CANCELLING ALLIED HEALTH SERVICES

It is important that when clients are not going to be home, are going away or when they are in hospital that the allied health in-home podiatry and physio appointments are cancelled or that Jubilee Community Care is notified so that we can cancel them on your behalf.

Currently Jubilee Community Care is receiving the invoices for these services and therefore if they are government funded services but the services haven't gone ahead, we are unable to claim government funding. As clients only pay part contribution towards these services the full cost is not covered and Jubilee is out of pocket.

In future, if the services haven't been cancelled in advance or Jubilee hasn't been notified then we will have to pass the full cost on to the client. We thank you for working with us with regards to this.

WOULD YOU LIKE TO VOLUNTEER?

We are looking for the following people:

- Volunteer Mini Bus Driver
- Volunteer Activities Assistant
- Ambassadors in Shopping Centres
- Volunteer Coordinator.

Can you help us for a few hours a week or know someone who can? Please email us at admin@jccagedcare.org.au



CALL US ON **07 3871 3220**

EMAIL: admin@jccagedcare.org.au
 WEB: www.jccagedcare.org.au

The Jubilee



AUGUST 2016 LATEST NEWS



OUR EXTENDED TEAM

You may have noticed that our newsletter has been modified slightly... This is because we have employed Mylestones Printing to print it, fold it, stuff it and address it to you. We hope that you are enjoying it.

We chose Mylestones Printing because they offer jobs to Queenslanders with disabilities enabling them to participate in a wide variety of work tasks. Their team of 45 is extremely successful with 28 who have been helped to graduate with their cert 2 in business studies, 22 who recently celebrated 10 years of service and they were runner up winners across Australia in the Australian Disability Enterprise Awards for their inclusive workplace in 2014. We are proud that they are part of our extended team every month.

Every member of the Mylestones Printing team (some are pictured above) is warm and happy with a love for their work - something that we value greatly at Jubilee Community Care. We take great pride in putting people as our priority and good relationships are really important to us. We thank every team member at Mylestones Printing for being a valued member of our extended team!

EKKA DAY SERVICES UPDATE - WEDNESDAY 10 AUGUST 2016

As you will have seen in the last newsletter, there will be modifications to our services on EKKA day. On public holidays we ensure that essential services of personal care and meal preparation are provided, however other services will not be provided. If you have not done so already, please call us on 07 3871 3220 to reschedule if this suits you best.

CHRONIC ILLNESS MANAGEMENT

Are you or your loved one struggling with a chronic illness or need a bit of assistance? All of our staff are trained as part of our extensive training program on how to help manage these. 1 in 5 Australians are affected by multiple chronic illnesses and about half of our population have a chronic disease. These include arthritis, asthma, back problems, cancer, chronic obstructive pulmonary disease, cardiovascular disease, diabetes and mental health conditions.

If we can help improve your daily life - we will! Speak to our office or to your support worker.

DID YOU KNOW?

That our services can include the following:

- Podiatry
- Physiotherapy
- Handy man assistance
- Dietician
- Speech pathology
- Company to do hobbies with you
- Gardening
- Day trips out
- Spring clean
- Taking your dog to the vet
- 24 hour care
- Respite care
- ...and much much more!

Would you like to pay your tax invoice by Direct Debit? If so call Pam on 07 3871 3220!



102 YEARS OF AGE AND 24 YEARS OF SUPPORT FROM JUBILEE

Mrs Quinn, a veteran widow and a client of ours for just under a quarter of a century is going in to residential care near her family on the Fraser Coast just before her 103rd birthday. Much to Mrs Quinn's disappointment as she doesn't want to leave her home yet but she is pleased that she'll see her family more often.

Mrs Quinn became a client of Jubilee Community Care after having a fall and breaking her hip. In order for her to return home, her family engaged our services. 24 years on, we were still a part of Mrs Quinn's life and her of ours.

Everyone at Jubilee knows Mrs Quinn and the stories are full of warmth and laughter. Pam, our Finance Administrator Assistant, who has been with us 10 years, bonded with Mrs Quinn when

she was a care worker for her as they both wore the perfume "Paris" and our Client Support Manager Nicky, who is celebrating 9 years with Jubilee this year, was also Mrs Quinn's care worker and then her coordinator. Nicky has only fond things to say about the wonderful centenarian. Nicky and Mrs Quinn are pictured above.

"Mum became very attached to some of her carers and on the other hand was not backward in letting us know that she didn't like some others. I was always told that someone was coming from Jubilee, so not to park my car in the carport. Her 100th birthday was a great celebration and I would like to thank Jubilee for their participation on that happy occasion. We have a wonderful book of memories prepared and printed by your organisation. She is really amazing for her age and we are only too happy to recommend Jubilee Community Care for their care for nearly a quarter of a century, in which time some dozen or more carers have been involved with Mrs Veronica Mary Quinn. Once again thank you for your care and interest." ~ Suzanne, Mrs Quinn's daughter.

We will all miss her greatly but wish Mrs Quinn and her family all the best! Thank you for being part of Jubilee's history Mrs Quinn.

WE ARE INVESTING IN YOU

As your local nonprofit aged care provider, Jubilee Community Care is actively investing in our community, clients and staff by doing the following:

1. We are investing in our highly skilled workforce by training them above industry standards on an annual basis and providing them with professional development supported by specialised trainers as well as empowering them with specific and in depth chronic illness training, which include but aren't limited to diabetes, Alzheimer's, dementia, heart disease and arthritis.

2. Unusually for our industry, the majority of our workforce are permanent part time staff so that we can provide you with continuity of your care and support services. This also provides job security for our staff. This is something that we think is important to providing the best possible care and support services to you.

3. We are also supporting our local community by providing and investing in our activities program. Over 40 hours of activities per week are delivered where we pick our clients up, take them, the affectionately known Jubilee Wanderers, out on a fun activity and drop them back home safely. We are hoping to expand on this and will keep you in the loop via this monthly newsletter.



LAST MONTH'S COMPETITION WINNER HELEN BOWERS

"Thanks so much for the gifts I received for winning the Round the World Crossword competition. The bird print is delightful and the extras - the mug and the pen - most acceptable." ~ Helen.

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MUFFIN HEAVEN

Pauline, one of our beautiful support workers, offered Brigid's muffins to our office staff for tasting. They were so yummy thank you! (Pictured Nicky, Pauline and Marylyn)

OUR STRATEGIC PLAN

As you know, we've just finished the end of one financial year and are embarking on the next. At Jubilee we want to continue to better ourselves and our services for our clients.

We have a vision of older people in our community living safe, healthy, active and fulfilled lives. We have decided that our continued purpose is to be **enriching later life** by providing personalised services, community connections, education and support for older people and their families.

We want Jubilee Community Care to be known as:

1. A flexible, innovative and well-managed organisation - one that older people and their families can trust and depend on.
2. Providing personalised, consistent and reliable services to clients who choose the timing and nature of the support they want.
3. Supporting older people to live at home or with their families, helping them to stay connected and engaged in the community.

4. Employing and retaining staff who are caring, well-trained and provide older people and their families with the education and support they need or are seeking.

During the next few years we hope to share initiatives that will empower people using aged care services.

SUDOKU CHALLENGE

We invite you to participate in this sudoku puzzle. Local Indonesian restaurant Sendok Garpu in Indooroopilly has generously donated a dinner for two for this month's prize! Thank you so much! Complete the puzzle and post it to us or take a picture and email it to us. We look forward to receiving your responses.

OUR VISION

Older people in the community living safe, healthy, active and fulfilled lives.