

The Jubilee

OCTOBER 2016 LATEST NEWS



Jubilee
COMMUNITY CARE

Enriching Later Life



87 Central Avenue, Indooroopilly, Qld, 4068



07 3871 3220



admin@jccagedcare.org.au



www.jccagedcare.org.au



CONGRATULATIONS MICHAEL

Michael has been a client of Jubilee for 4 years. Last month he qualified for two yellow bands in Taekwondo! This Korean martial art is characterised by its emphasis on head-height kicks, jumping and spinning kicks. It is a passion of Michael's and we're all very proud of this achievement!

STAY STANDING



Another 7 members of our community have completed this falls prevention course with outstanding results.

Congratulations to Joan who celebrated her 90th birthday on the last day of the course, Don, Keith, Keitha, Doris, Daphne and Lynn (pictured on the front cover) for completing the Stay Standing course. We were absolutely enthralled by your enthusiasm and dedication to this course. We hope that what you learnt is useful and that you continue the exercises.

Minky and Rossana, our Stay Standing experts and Jubilee Support Workers, were thrilled and touched by the flowers, presents and cards received as thanks on your behalf. It was most unexpected and made their day. Thank you!

IF YOU WOULD LIKE TO FIND OUT MORE ABOUT STAY STANDING AND HOW IT COULD BENEFIT YOU, CALL SANDY ON ☎ 3871 3220.



PUBLIC HOLIDAY

The Queen's Birthday. **Please read carefully.**

On public holidays we ensure that essential services of personal care and meal preparation are provided. If you have a service scheduled for this Monday, we will provide personal care and meal preparation on Monday 3rd of October but other types of services will be cancelled on this day. If you do not wish to receive personal care or meal preparation on the Queen's Birthday public holiday, please return this form to us at Jubilee Community Care, PO Box 1052, Indooroopilly QLD 4068 or via your Support Worker.

Please clearly print your name: _____

No (I do not want services on the 3rd of October)

If you have any other services such as domestic assistance, social support, respite or shopping that are scheduled for Mondays and thus falls on the Queen's Birthday Monday 3rd of October, please call us on **☎ 07 3871 3220** to reschedule.

If we don't hear from you, we will automatically cancel this type of service on this public holiday and your support worker will be with you for your next scheduled service. Thank you for your understanding.

CONGRATULATIONS COL

Col Burg answered last month's competition correctly. Congratulations Col! You win a voucher to spend at Sedok Garpu in Indooroopilly to use in their authentic Indonesian restaurant. We hope you have a fabulous feast!

JUBILEE WANDERERS ACTIVITIES PROGRAM

OCTOBER 2016

☎ 3871 3220

WE PICK YOU UP, TAKE YOU OUT AND DROP YOU HOME!

Please bring the correct monetary amount on the day, thank you.



* Speak to Vicki about prices. **Speak to Sandy about Stay Standing.
***Cancellation fee applies if cancellation occurs on the day of the activity. m/t = morning tea inc = including

Monday		Tuesday		Wednesday		Thursday		Friday	
3	PUBLIC HOLIDAY - Queen's Birthday	4	JCC Exercise*	5	DFO Airport Shopping! \$10 Buy own lunch today.	6	Morning Melodies Carina Leagues Club. \$10 Buy own lunch today.	7	JCC Exercise* Stay Standing - falls prevention program**
10	Hydrotherapy*	11	JCC Exercise*	12	Telstra Tablet Training. \$15 inc m/t. Buy own lunch today.	13	Mayes Cottage at Kingston. m/t and tour for \$15. Buy own lunch today.	14	JCC Exercise* Stay Standing - falls prevention program**
17	Hydrotherapy*	18	JCC Exercise*	19	Boggo Road Gaol History Tour \$30. Buy own lunch today.	20	The View Café with spectacular views of the Hinze Dam. \$20 inc m/t on the bus and buy own lunch today.	11	JCC Exercise* Stay Standing - falls prevention program**
24	Hydrotherapy*	25	JCC Exercise*	26	Trade Coast Central Heritage Park at Eagle Farm. \$30 inc m/t and lunch.***	27	Broncos Leagues Club Morning Melodies. \$10 Buy own lunch today.	28	JCC Exercise* Stay Standing - falls prevention program**
31	Hydrotherapy*								

ALLIED HEALTH SUPPORT

There are a number of services that we can offer such as podiatry (foot care) or occupational therapy (help to recover, or maintain your physical ability) to help you to stay as active and healthy as you can be.

What types of services are available?

- ➔ physiotherapy (exercise, mobility, strength and balance)
- ➔ speech pathology (help with difficulties in communicating, swallowing and eating)
- ➔ occupational therapy (help to recover or maintain your physical ability)
- ➔ podiatry (foot care)
- ➔ dietitian (nutrition assessment, food and nutrition advice, dietary changes)
- ➔ exercise physiologists (physical activity and education to assist with managing chronic conditions such as diabetes and heart disease).

 **3871 3220**

CHRISTMAS MUSIC VIDEO?

Last month with some inspiring clients we reached an audience of 3.5 million through social media, newspapers, magazines, tv news and radio with our flash mob in Queen Street Mall! Now we're planning on putting together a little Christmas music video...

What song should we do? **EMAIL OR CALL US TO VOTE AND / OR GET INVOLVED TODAY!**

JUBILEE'S STORY

We want to share with you over the next few months some of Jubilee Community Care's processes and results as we enrich our community's later life including:

- ➔ staff employment procedures
- ➔ the matchmaking process
- ➔ staff education
- ➔ later life education
- ➔ specific and tailored services
- ➔ giving back to our community

To name just a few of the initiatives that we will be sharing with you.

Jubilee Staff

Enriching Later Life



APPLY

INTERVIEW

POLICE & REFERENCE CHECKS

**CHOOSING THE RIGHT
STAFF IS IMPORTANT
TO US**

OFFER OF
EMPLOYMENT



Our staff are experienced in aged care

- 83% over 1 year,
- 50% over 6 years and
- 16% over 20 years.



Our staff are loyal to Jubilee and our clients

- 77% of staff have worked for Jubilee for over 1 year with
- 30% for over 6 year, which provides continuity of care and support.



Our staff love their work

- 100% of our Support Workers love supporting Jubilee clients.

TRANSPORT SERVICES

We want to support you on a day and at a time that suits you.

Transport services are extremely important as you need to get to your appointment on time. Our transport services are in demand and book up extremely quickly, however we understand how important these are to you and we want to provide you with the best service that we can.

Did you know that you can request transport services in advance as soon as you have confirmed your appointments? Book the transport early with us and have the peace of mind that you'll get to your appointment safely and on time.

Have a wonderful month!

INVITATION

The Annual General Meeting 2016 for Jubilee Community Care Inc is being held on Tuesday 4th October 2016 from 6.00 pm onwards at the Jephson Hotel, 63 Jephson Street, Toowong Qld 4066. Before the business of the AGM, a buffet will be served at 6.00pm followed by a presentation from our guest speaker who is a client of Jubilee Community Care and will share with us a few stories of her life and work as well as her experience of aged care services.

If you would like to attend the AGM please inform our office by Friday 30th September 2016.

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